Say NO TO Cyberbullying

What are the different types of cyberbullying: -

Cyber Harrassment

Is when someone uses the internet, a phone, or social media to be mean or hurtful to another person on purpose. It can include things like sending mean messages, spreading rumours online, posting embarrassing pictures without permission, or trying to scare someone through messages.

It's like bullying, but it happens through screens instead of face-to-face.

If it ever happens to you or someone you know, it's important to **tell a trusted adult** right away.

Outing

Is when someone tells a secret about another person that they weren't ready to share — especially something private about who they are or how they feel, like if they like boys, girls, or both — without their permission.

It's not okay to tell someone else's private stuff, especially if they trusted you to keep it secret. Everyone should get to share their own story when they feel safe and ready.

If you ever feel unsure about what to share, **it's always best to ask**, "Is it okay if I tell someone this?"

Exclusion

is when a person or a group leaves someone out on purpose — like not inviting them to play minecraft, hang out, or be part of something like a group chat, even though they could be included.

Exclusion can happen in real life or online, and it can make people feel really sad, left out, or like they don't belong.

Being kind means trying to include others, even if they're different or new. Everyone wants to feel like they're part of the group!
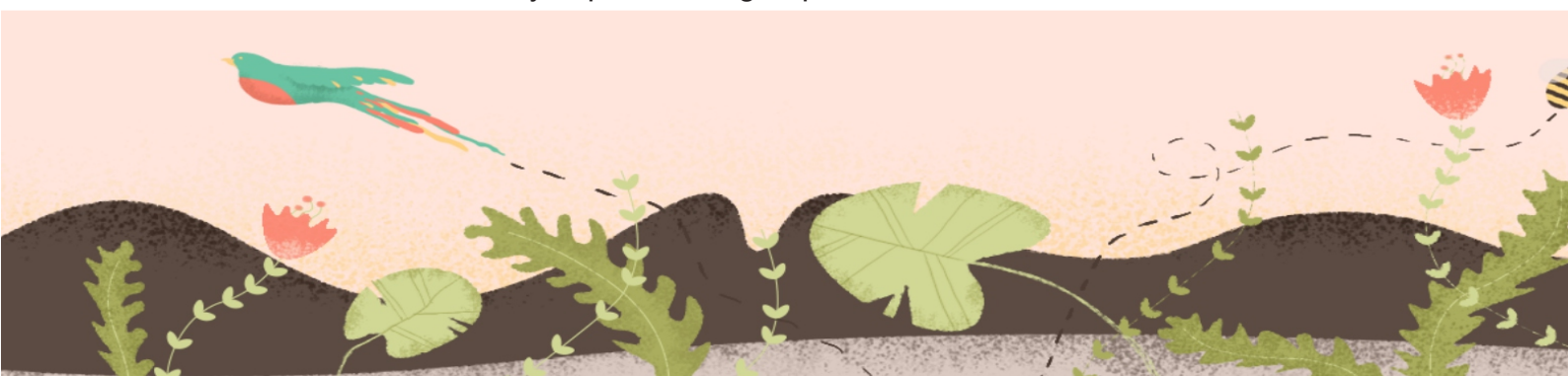
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Trolling

When someone posts mean, annoying, or silly messages online just to get people upset or start fights. They might say things they don't even believe, just to cause trouble or get attention.

It's kind of like poking someone over and over on purpose just to make them mad — but doing it on the internet.

If you ever see a troll online, the best thing to do is **not respond** and tell a trusted adult. Trolls usually stop when they don't get a reaction.

Trickery

Is when someone lies or pretends to be nice to fool you into doing something — like sharing a secret, sending a picture, or giving out personal information.

Sometimes people online might pretend to be your age or act like your friend just to get you to trust them. But they're really trying to trick you.

If someone online asks for something that feels weird or makes you uncomfortable, **don't share anything** and **tell a trusted adult right away**.